

Full-day courses

ALL FULL-DAY COURSES RUN 9 AM – 6 PM

*** 5-Day Course
CERTIFIED MASTER TRAINER**

M. Watson

Tues-Wed-Thu-Mon-Tues

May 10, 11, 12 and 16, 17

Discover the Art of Presentation in this immersive program that is designed to give you all the tools you need to conduct your own hypnosis certification courses. Gain confidence as you develop your own training style. Learn how to “think on your feet” and respond easily to any situations that arise.

Learn to demonstrate and explain hypnosis effectively and to create useful learning experiences and exercises for YOUR students as they become skillful hypnotists and prepare to embark on a new career. Use the latest audio/video technology and even learn to offer training online.

Enjoy the support of a complete curriculum in basic and advanced methods as well as trainer’s manuals that show you how to present every bit of it. Access exclusive PowerPoint Presentations, Video, and Audio files. Offer previews and promote your courses.

There is simply no other program like this!

First, you’ll get a real “hands-on” trainer’s training where you will learn and integrate the proven methods, modeled from great presenters, that will make your courses powerful and effective as you prepare the next generation of hypnotists to carry on this life-changing work.

You’ll also get a comprehensive curriculum, newly revised and expanded for 2022 to reflect the latest developments in the field. There are 5 Training Manuals for your use so you can start right away. (Basic/Advanced Student Manuals, Basic/Advanced Trainer Manuals, Presentation Skills Manual). We will keep this material updated for all our CMTs and send you any revisions that we make in the future.

Powerful Ongoing Support

As a CMT, you’ll have access to a community of trainers and resources to help you. There are PowerPoint presentations you can access and use along with an exclusive library of video and audio files, and demonstrations of new techniques and processes to keep you up to speed. We even include regular online meetings to show you what’s new, network, share tips, and support one another.

Tuition includes course, certification fee, and all materials. PLUS—take 50% off the conference fee!!

If you’re ready to take the next step in your hypnosis career, this is the course for you.

**Successful graduates of this program become IACT Certified Master Trainers.*

*** YOUR CHOICE**

2- OR 4-Day Course

PARTS THERAPY

C. Roy Hunter

Wednesday–Thursday

May 11-12

How can you effectively help the client who struggles with an inner conflict? Someone strongly desiring to attain a goal, but who also experiences self-sabotage, maybe a prime candidate for PARTS THERAPY. Often using different names, others emulate this profoundly beneficial technique taught and practiced by the late Charles Tebbetts. Competently facilitated, parts therapy often helps people get past their barriers when other techniques are insufficient; however, there are pitfalls that must be avoided in order to maximize results for your clients. This workshop is experiential and is a MUST for anyone not totally familiar with parts therapy or one of its variations. Roy Hunter, your facilitator, is the published author of two hypnosis texts, as well as Hypnosis for Inner Conflict Resolutions: Introducing Parts Therapy (Crown House Publishing 2005). All who attend will receive a participant workbook. When clients have an inner conflict, parts therapy often helps to resolve the conflict even when other hypnotic techniques fail.

Participants will learn:

–What parts therapy is –when to use parts therapy –Why parts therapy is best for some clients–How to use parts therapy (complete step-by-step process) –How to explain parts therapy to your clients, and why such explanation is needed –Why it is so important to be an objective mediator –How to avoid inappropriate leading, and the potential consequences of not doing so –Why Roy Hunter added an important update on the Tebbetts Methods –How to avoid pitfalls that could put clients farther away from success –Participants will have break-away practice sessions.

TRAIN THE PARTS THERAPY TRAINER

C. Roy Hunter
Monday–Tuesday
May 16-17

After successful completion of this 4-day training, participants will have all the tools necessary to teach client-centered parts therapy to hypnosis students and professionals—using an optional PowerPoint Certified presentation, designed for the exclusive use of Certified Parts Therapy Trainers. While the first two days (May 11-12) are devoted to learning parts therapy, during the last two days (May 16-17), Roy Hunter will teach you how to train others to properly employ parts therapy. Prerequisite for Parts Therapy Trainer: Must have at least two years of full-time experience with professional hypnotherapy (or three years of part-time professional experience). And EITHER (1) take the 2-day training on May 11-12, or (2) must have previous training in client-centered parts therapy. PLUS professional experience using parts therapy with clients. Exceptions must be cleared by Roy Hunter before the start of class.

Participants will learn... How to introduce parts therapy to hypnosis students and professionals –How to teach parts therapy (step-by-step) –Why it is important to facilitate role-play during the learning process –What role-play exercises to use with your participants. –How to use Roy Hunter’s PowerPoint presentation as a guide to help you teach. –INCLUDED is a copyrighted CD available for the EXCLUSIVE use of Certified Parts Therapy Trainers, which contains the following. –A professional PowerPoint presentation as a guide for both you and your students –An MSWord document with Roy Hunter’s copyrighted Parts Therapy Workbook, which you can reproduce for your students. –A special ‘Read this first’ file which contains additional information for the Certified Parts Therapy Trainer –Optional exam (and exam key) for your students –Additional MP3 sound files to accompany the PowerPoint presentation – Upon completion of the course, you will receive a certificate recognizing you as a Certified Parts Therapy Trainer. At a later date, you will have access to a special parts therapy website, and you will be listed on BOTH the Association website AND Roy Hunter’s website as a Certified Parts Therapy Trainer. Prerequisite: 2-Day Parts Therapy training.

The Behavior Therapy Center, P.C. & Bruce Eimer, Ph.D., ABPP, are approved by the American Psychological Association to sponsor continuing education for psychologists. The Behavior Therapy Center, P.C. & Bruce Eimer, Ph.D., ABPP, maintain responsibility for this program and its content. Roy Hunter is an approved presenter.

*** 2-Day Course**
M.E.N.T.A.L. Games
A Radical Approach to Sports and Performance Enhancement
A. Ayinde
Wednesday–Thursday
May 11-12

This incredible course is designed to put you on the road to mental skills mastery and private practice success. Athletes are lots of fun to work with and have disposable income to invest in themselves and their sport in any economy. They make your job easy because they have a host of conscious and subconscious resources that you can help them to mobilize to achieve victories on and off the court. They will love working with you all year round. M.E.N.T.A.L. Games stands for Mind/Body Excellence Now Through Applied Linguistics and was created in 1995; inspired by the work of Tony Robbins, Zen Buddhism, and the ideals and mindset of the warrior. It was further developed from 2000-2004 during four years of graduate study in Clinical Hypnosis and Applied Sports Psychology.

The M.E.N.T.A.L. Games model is unlike any other Sports and Performance Enhancement course. You will learn to successfully combine sports psychology, hypnosis, NLP, and spirituality, the four strongest therapeutic tools available to help your clients escape the clutches of pre-game jitters, slumps, and burnout.

The program will teach you the six core mental skills successfully used by Olympians, professional athletes, and other world-class performers: conscious relaxation, visualization, positive self-talk, goal setting, motivational strategies, and the power of focus.

*** 2-Day Course**
HYPNO-ONCOLOGY
Hypnotic Interventions for Cancer Journey
G. Coles
Wednesday–Thursday
May 11-12

This course is accredited by The Association of Hypno-Oncology Practitioners.

This course will demonstrate how hypnotherapy is an essential complementary intervention to assist in the patient’s cancer journey. Emotional and psychological support can be beneficial at all stages of the journey.

An introduction to cancer formation, grading, and staging, along with the treatments employed with potential side effects. Review of ethical and legal issues involved with working with cancer patients. Includes an overview of the most likely issues to be worked with. The teaching of hypnotic techniques and approaches employed to work with cancer patients successfully. Overview of supplied scripts and approaches augmented with numerous case studies, demonstrations, and best practice tips.

Hypnotherapy can be a useful addition in preparing for pre-surgery as well as assisting with post-surgery healing and pain control.

Other common areas experienced such as insomnia, anticipatory nausea, dysgeusia, dietary issues can often be helped with hypnotherapy.

This course will give an overview of cancer and the cancer journey, it is essential to understand the process, journey, terminology, and treatment being undertaken to be able to communicate effectively with patients and the medical profession.

Common areas that you can successfully work with will be highlighted, and techniques and approaches discussed.

Current research will be examined. You will be shown how to work with the patient to address and help them control their symptoms (in conjunction with other treatments given).

On completion of the course, you will have the knowledge to be able to:

- Effectively communicate and work with cancer patients, having an understanding of the physical and psychological aspects of cancer.
- Ethically work with cancer patients, knowing what you can legally say and work with.
- Create hypnotherapy treatment plans through having knowledge of the patients' cancer journey.
- To provide appropriate psychological support to both patients and caregivers.
- To assist the patient in controlling their symptoms and side effects.

*** 2-Day Course**
MEDICAL HYPNOTHERAPY SPECIALTY TRAINING
E. Rosen & P. Scott
Wednesday–Thursday
May 11-12

Expand your practice and gain credibility by working cooperatively with medical professionals.

Learn advanced medical & clinical hypnotherapy techniques, theory, scripts, and approaches for a variety of health issues such as chronic pain, IBS, fibromyalgia, hypertension, allergies, cancer, diabetes, MS, rheumatoid arthritis, etc. Training will also discuss and/or expand on the physiology of healing, psychoneuroimmunology, Hypno-anesthesia, cellular regeneration, working with the DSM-V & medical referrals, legal Issues, marketing & partnering with medical professionals, and more. Learning to partner with medical professionals can expand your practice and make you the go-to expert for referrals in your area.

Attendees will receive a workbook, PowerPoint presentations, hypnosis scripts, additional materials, and a 'Certificate of Completion' for this 2-Day training in Medical Hypnotherapy. Those wishing to go forward to receive the optional IMDHA Certification as a 'Medical Hypnotherapist' may complete additional requirements post-conference for an additional fee (including online ZOOM training and outside assignments).

*** 1-Day Course**
3 POWERFUL TECHNIQUES
R. DeGroof
Thursday
May 12

In this 1-day training, Rob will teach the participants 3 very powerful techniques he learned from his mentor Jeffrey Stephens. Rob will also give his view on certain adaptations he made while using these protocols.

Included in this course are these 3 awesome techniques: 'Symbology', 'Black Room', and 'In the Zone' – a golf protocol that can be used for all types of sports.

Come join us for a day of fun and learning!

*** 1-Day Course**
SIX WEEK SMOKING CESSATION FOR GROUPS
S. Gilbert
Monday
May 16th

Do you want to expand your practice? Are you ready to work with groups? Are you looking for a more effective way to work with smokers?

This is a tried and true six-week group course. This program gives you everything you need to work with small or large groups. We'll cover everything from scripts and techniques to ice breakers to promotional give-a-ways.

Your class materials will provide the step-by-step six-week program. You can follow the program exactly as written or adapt it as you wish.

You can also pull out just the scripts and use them with private clients. You'll walk away from this course ready to start your own smoking cessation group!

***1-Day Course**
HYPNOSIS FOR LONG TERM HEALTH CONDITIONS
S. Granger
Monday
May 16th

In this specialist training, you will receive:

- Complete training on how to work with the myriad of long term health conditions we see in today's world, including long Covid
- Full training guides and session blueprints that cover every aspect of long-term health conditions, even the seemingly most difficult cases
- A complete book of scripts for this specialist area, simply to help with your own creativity
- Full training on how to maximize the benefits of this work to build your very own all-referral practice, including referrals from the medical profession
- Lifetime access to ongoing support

This course is packed with case studies, steps and instructions—with NO theory or filler. You will see how easily you can take your hypnosis into this area—AND literally change lives!

***1-Day Course**
DO THE TRANCE DANCE
K. Hand
Monday
May 16th

It is an advanced skill when Hypnotists truly discover that Hypnosis is not magic or voodoo. Whether Hypnosis is accidental or on purpose, it inherently happens in the mind of the receiver. Hypnosis is always an inside job.

In this course you will:

- Learn the guidelines for profiling every client for success.
- Discuss exactly what to ask and then what to listen for to determine techniques for successful change.
- Watch a demo of the 8-step answer-solicitation technique.
- Practice allowing the client to do all of the work for successful change for every issue within the scope of Hypnosis.

Discover how to do the Trance Dance that allows success to flow naturally and automatically. Participants will discover an effective technique for going script-less in every session.

***1-Day Course**
TRANSPERSONAL HYPNOSIS
Keys to Higher Self and Beyond
S. Stockwell-Nicholas
Monday
May 16th

This hands-on highly experiential course allows you to explore exciting realms of your past, present, and future self, meet guiding aspects of self and beyond, and imbues the sense of being whole and holy. The course includes Stockwell's Higher Self Protocols, Joy Therapy, and Sacred Time Travel. Get high with your higher self and help others do the same.

Topics covered include:

- How to be a spiritual counselor.
- Help others celebrate the gifts within.
- Meet guiding spirits.
- Explore energy and enlightenment.