



Workshops



Friday, May 19th

WORKSHOP 10:00 – 11:45

This workshop is FREE

MIND GAMES FOR PERSONAL GROWTH

M. Geers Dahl

Practice quick exercises: Head Tilt. Tongue Like a Boat. Practice NLP Eye Smear with a partner.

Come prepared to play in the fields of the mind. Pick a goal. Miracle Question. Enter trance. Be here Now! Ground. Illuminate. Light breathing. Clear the fog. Connect with the light above. Rise up the beam of Light into the Middle of Nowhere. Meet with your Wise Elder/Ancestral Self. Re-engage with Integrity.

This workshop is a wonderful opportunity for you to expand your personal growth. This is not just a lecture, it requires the engagement of participants.

FEAR & PHOBIAS GONE

R. Light

An estimated 19 million people deal with one or more fears and phobias—from public speaking to flying and driving or bees and elevators. And what about athletes and performers that become fearful of doing their dives, back flips, or something else? These 3 powerful techniques markedly reduce the emotional charge in the brain and the nervous system. They are immediately noticeable for your client. You will learn and practice these techniques so you can use them immediately. What's also great about them is they can be used for fear, worry, and anxiety about future events.

Attendees will learn and practice—adding highly effective techniques to their hypnotic toolbox that they can begin using with their clients.

IN THE MOMENT STRESS REDUCTION TECHNIQUES

B. Austin

During this interactive workshop, participants will learn and practice In-The-Moment (ITM) stress relieving techniques such as ear yoga, havening, breathing, and imagery to name a few. Each of these techniques, once learned, can be used in the middle of a stress storm to calm the winds and allow a thoughtful, safe, and immediate response to managing stress.

You will also learn In-The-Moment stress coping strategies to reduce stress for caregivers. Although this workshop focuses on caregivers, these short, quick strategies can be used by anyone who experiences daily and frequent stress such as office workers, medical professionals, parents, and caregivers.

WORKSHOP 1:00 – 2:45

TOOLS FOR EMOTIONAL DIVORCE

What Is It and How Do I Get One?

S. Gilbert

What is emotional divorce and who needs one? When we think of divorce we think of legal divorce 'dividing' up the assets and debts. Fighting over who gets the new television and who has to pay the credit card debt.

There is also the physical divorce 'moving' into a new home; living apart. There is a parenting divorce creating a parenting plan and sharing your children. Just the thought of all of these 'divorces' can make a person feel overwhelmed, angry, sad, bewildered, or to even shut down emotionally.

We think that if we can just weather the storms of the legal, physical, and parenting divorce we can just move on with our lives. But, how many people do you know who never actually do that? A year or even a decade later they are still having the same fights, still in each other's 'business' maybe even still sleeping together.

Why does that happen? And how bad is that really?

Let me answer the second question first. It is bad. Very bad. Very, very bad.

This keeps the pain and turmoil alive. It keeps you in a physical sympathetic response known as fight or flight. This diminishes your immune system and damages your health. It often steals money from your pocket as these fights often drag you right back into court over and over again. If there are children, they are often dragged into this by continuing to hear about how awful the other parent is. And perhaps worst of all, can rob us of the only benefit of divorce being free to move on from the past and create a happy and healthy life for ourselves.

People can get stuck in this hamster wheel simply out of habit. If you are so used to fighting over every detail, you may just continue that habituated behavior. The most common reason though is that they haven't achieved an emotional divorce. Emotionally they are still invested in the old relationship even if it is simply to ensure that their divorced partner never gets to be happy or never forgets the 'wrongs' they committed during the marriage. They aren't ready to let go of the anger and hurt.

They are 'stuck' in the limbo of still experiencing all of the negative aspects of the marriage and the divorce, without the benefits of creating their new life.

The first step to creating that new life is the Emotional Divorce. This is a deeply personal experience that allows you to:

- Create the emotional disconnect from the marriage partner
- Express how you feel and receive emotional closure
- Create the image of the new life
- Map out those all-important first steps to creating that new life.

Healing the old hurts and changing the old habituated behavior sets you free. Everyone deserves to be free to let go of the past and create a bright and happy new life.

By attending this workshop you will be ready to help people heal their past relationships (personal or professional) opening the door for the client to live their best life! An Emotional Divorce can be helpful for anyone who feels betrayed or harmed by someone in their life—even if they plan to keep this person in their life!

RECOGNIZING THE SIGNS OF SUICIDAL IDEATIONS

J. Nash

We all work with clients. It is imperative that you know what to do, if a client, or anyone, tells you that they have been thinking about ending their life. They could tell you in many different ways. Some examples are; "I don't think I can keep doing this", "I don't want to be here anymore", "It would be easier if I was dead", "Nobody will care if I die", "I should just end it all", "I have been thinking about killing myself", "I have decided I am going to kill myself". These are just some examples. In this 2-hour workshop, you will learn how to address the disclosures. Quite often people can avoid it or pretend they didn't hear it if they don't know how to respond or if they feel uncomfortable. Not responding could result in that person killing themselves.

In this workshop, you will also learn what to look out for as well as questions to ask to assess the client's risk of actually killing themselves and you will learn how to make a safety plan with them and what to include in the safety plan. You will be provided with real-life examples of talking someone down from killing themselves or hurting others. If you don't have any experience with this, then this workshop is for you. If you are working with people, you cannot afford to not know this information.

According to the World Health Organization, every year more than 703 000 people take their own life and there are so many more who attempt suicide. Every suicide and attempted suicide is a tragedy that affects families, communities, and entire countries and has long-lasting effects on the people left behind. Suicide occurs throughout the lifespan and was the fourth leading cause of death among 15-29 year-olds globally in 2019 (according to WHO). These numbers have gone up exponentially since Covid, however, at the time of writing this, those updated numbers have not been published. Suicide is a serious public health problem; however, suicides are preventable with informed, timely, and experienced interventions. Would you know what to do? Would you know how to save a life? If

not, then this workshop is for you. This workshop could help you save someone's life and/or prevent the death of others.

Disclaimer: Working with suicidal clients may be outside the scope of practice for most hypnotists. Please refer such clients to an appropriate practitioner.

THE TOGGLE EFFECT: STRESS MANAGEMENT PROGRAM

L. Heusinger

The Toggle Effect, aka Cognitive Polar Transformation (CPT), is, first of all, a powerful new insight into the connection between emotional stress, cognitive function, and physical health. CPT zeros in on the physics of emotions. Energy travels in frequencies and emotions are energy. When the emotional energy is in a low frequency it is STRESS. When the emotions are in high frequency it is relaxed and powerful. CPT reveals the potential, we all possess, to directly change low-frequency emotions into high-frequency emotions. The process needs guidance and oftentimes takes only a few moments, yielding profound relaxation, a renewed sense of well-being, mental cognitive improvement, and direct health benefits. I will teach you the 3 step process of converting emotional energy. We then integrate Chinese 5 Element Theory into the CPT process, which allows you to identify the exact emotional conversions needed to generate the exact improvements one is looking for in their life. This process integrates well with Hypnotherapy and other Cognitive therapies.

The Toggle Effect is a simple and direct approach to guiding clients through a 3 step process that quickly reverses emotional stress and activates higher cognition. In addition to improving stress, CPT can be used to address physical pain and improve health.

The Toggle Effect is offered through the National Certification Commission for Acupuncture and Oriental Medicine as continuing Education Units. It has been taught to Astronaut Students, First Responders, EMT's and individuals with PTSD, Critical Incidence Stress, Autism, Anxiety, and Depression.

WORKSHOP 3:00 – 4:45

INTEGRATIVE APPROACH TO THE EXPERIENTIAL MIND

S.M. Fatemi

Explore hypnotherapy and its integrative approach to flourishing the experiential mind (hypnosis and its creative power in radical transformation of consciousness).

While making a distinction between the reasoning mind and the experiential mind, the workshop focuses on the application of hypnotherapy in developing a reconciliation between the rational mind and the emotion-based mind.



DOOR PRIZES!

What will you go home with?



HYPNOTIC TAROT: ELICIT METAPHORS FOR CHANGE

K. Hand

If you're looking for a fortune teller, this is not the class for you. But if you're looking for a fun and engaging way to elicit your client's metaphors, discover how Hypnotic a deck of cards can be.

You will learn how to use a Tarot deck (or any focal point) as an induction to wide-awake conversational hypnosis while moving your client toward a solution mindset for their positive change. You will receive a 'cheat sheet' with questions and comments that motivate your clients to reveal their own answers. You will see a demo and experience the hypnotic magic in the metaphor.

This is an experiential workshop. You will discover how to use a Tarot Deck (or other symbols) for expressing meaning in self-hypnosis, client work, or groups.

Attendees will discover how important it is to use the client's metaphors and beliefs for lasting change.

WHY PAIN SUPPRESSION SHOULD BE MANDATORY

H.L. Elman

Hypnosis Students are clearly and carefully taught that they are NOT to "cross the line" between Hypnosis and Medicine – they are not physicians and "practicing medicine without a license" is a criminal offense. On the other hand, most of the better hypnosis courses do include demonstrations of "Glove Anesthesia," discussions of a "Fast Headache Cure," mentions of the extent to which migraines can be diminished with Suggestions, and many other similar topics. What is really needed is an UNDERSTANDING of when hypnosis can be used for First Aid, when a medical problem can be suppressed until the Client reaches a medical facility, WHY any such Suggestion must terminate BEFORE medical treatments commence, etc. In addition, coverage of such topics MUST include a clearer understanding of Hypnotic Semantics and its relation to Medical Semantics.

In the workshop, you will gain a clearer understanding of the boundaries between Hypnotic and Medical techniques, how they can support each other, and the Semantics needed for this to be effective.

Saturday, May 20th

WORKSHOP 10:00 – 11:45

ENDING THE CYCLE OF INHERITED FAMILY TRAUMA

S. Day

The root of client challenges, whether it's anxiety, depression, phobias, chronic pain, or obsessive thoughts, may not be based on their own life experience. Science has demonstrated that the traumatic experiences of ancestors can be inherited by descendants and negatively impact future generations. This workshop will provide a process and protocol to help your clients break free of unwarranted

inheritances and reclaim their life of health, balance, and vitality.

Attendees will gain an understanding of a comprehensive process & protocol to help their clients identify, then release traumatic legacies passed down through generations.

This is an interactive and participatory workshop. Attendees will leave with an understanding of ways to detect inherited trauma, as well as an actionable protocol they can immediately utilize with their clients.

THE BRAIN-GUT CONNECTION

M. Root

Your clients can effectively achieve their health goals by first focusing on Gut Health—it All Begins in the Gut!

Hippocrates, the Father of Medicine said, "All disease begins in the gut". All body systems are connected to our gut, mainly through the vagus nerve. Regardless of your client's health concern—depression, anxiety, Alzheimer's, Parkinson's, belly fat, or diabetes—it's important, to begin with, the digestive system (aka, the gut). We'll cover specific ways to improve the communication between the gut (the second brain) and the central brain so that transformation can take place.

Digestive myths will be dispelled, and a comprehensive, relatable overview of the digestive system will be provided. Attendees will leave with accurate information so they are confidently prepared to help their clients take important steps toward gut health utilizing hypnosis.

THE IMPORTANCE OF THE HERO'S JOURNEY

L. Bennett

Helping our clients discover their own challenges and setbacks as a testimony to their own hero's journey is a stepping stone to empowerment. In this workshop, we will explore the model of the hero's journey, examine the common stages and patterns, and help our client/hero to be even more successful in their lives. So often the client comes to a session focusing only on where they are broken and here we'll move beyond their brokenness and claim their success.

WORKSHOP 1:00 – 2:45

THE MEDICINE WHEEL AND JOURNEYING

P. Blum

Participants will learn how to perform a shamanic journey with a drum. The Medicine Wheel is a ceremonial archetype that appears in many diverse cultures. Learning how to guide clients through the qualities and principal ideas associated with the directions adds a powerful set of universal images and energies that, because they draw from the natural world, are applicable to every person, regardless of their background. Participants will learn how to use the seasons and ages of humanity as powerful metaphors.

Attendees will gain a basic understanding of these ancient archetypes, and the knowledge of how to apply them with or without a drum journey.

IMPROVISATION & HYPNOSIS ROUTINES FOR WELLNESS

W. Rocki

Participatory, playful, and easy learning routines of Self-healing Care based on Realized Improvisation And Hypnosis (RIAH) system.

Attendees have a practical opportunity to learn a new, self-healing care method, which is a joyful mastering of the two innate nature-given resources we all have, working for us all the time (the good and the bad).

This new modality, Realized Improvisation And Hypnosis (RIAH), is born of my 5-year fascination with combining the principles of theatrical improvisation with the spirit of hypnosis. I have presented progress on my work at the last two annual meetings. This work led me to a simple realization that the moment-to-moment improvisation within the hypnotic trance represents the nature of self-healing and constitutes wellness (wholeness). I have translated the RIAH concept into practical, simple, and joyful routines of self-healing care, which are incorporated into daily routines, and contribute to creating wellness in every situation.

HISTORICAL INDUCTIONS

B. Lemaire

History is part of mastery in hypnosis. Writing a book about *"History of Hypnosis"* gave me more knowledge but also more freedom to practice hypnosis. This workshop will give you in 2 hours a general view of historical hypnosis while practicing historical inductions.

In this workshop, you will practice many historical inductions that will give you an understanding of all the ingredients of the trance.

WORKSHOP 3:00 – 4:45

THE NEVER FAIL HYPNOTIC FEEDBACK LOOP

What It Is and How to Use It

G. Boyd

Hypnosis may be viewed from many perspectives—what happens physiologically? – what happens psychodynamically? What happens by way of social contracts? The IMDHA definition of Hypnosis correctly identifies it as "communication." This presentation explores (briefly) the "structure" of that communication. It includes didactic, demonstration, and participation components so "Holistic" learning may be demonstrated.

Attendees will walk away from this workshop with an intellectual and practical understanding of the nature of communication in the hypnotic process that will inform the entirety of their therapeutic endeavors and allow any of the hypnotic "maneuvers" they employ to be truly "personalized" to their client.

"I attended and thoroughly enjoyed the IACT conference this past weekend."

-Marybeth Kritsky, Sanford, FL

FROM BURNOUT TO BREAKTHROUGH

M. McCool

The WHO has named 'overworking' as the leading cause of death, and there is little question that people find themselves working long hours, sacrificing their health and happiness as a result. My work with entrepreneurs is focused on avoiding burnout, and facilitating burnout rejuvenation, and turning their attention to the future with enthusiasm so they are equipped to reach their highest potential. In this workshop, I'll walk you through the 4 steps of the client experience that helps them to accelerate entrepreneur growth, without burnout.

Burnout is a long-term stress reaction marked by emotional exhaustion, depersonalization, and a lack of sense of personal accomplishment.

Walk away with a process to take clients 'from burnout to breakthrough' or to avoid burnout altogether so that they can reach their highest potential.

KIDS & TEENS: INDISPENSABLE SKILLS FOR SUCCESS

C. Peterson

Whether you work with children on a regular basis or just occasionally, this workshop will be indispensable. We will explore key hypnosis and NLP skills while giving insight into the emotional needs of children, preteens, and teenagers. At the end of our time together, you will feel more confident and prepared to work with youth on how to be more successful in a wide range of areas; home, school, extracurricular activities, and socially.

This workshop will include Hypnosis/NLP skills to:

- Increase confidence (personally and socially)
- Enhancement performance (test taking, sports, arts, other activities)
- Eliminate/decrease anxiety (specific or general, phobias, fears, and more)

The structure of this class is set up to teach grade school-age and preteens the first hour and middle and high school-age teens the second hour.

When you leave you will have a toolkit of skills to use with kids of all ages in all settings.

Sunday, May 21st

WORKSHOP 10:00 – 11:45

GROUP MINDFULNESS JOURNEYS MADE EASY

P. Daoust

We all know the tremendous value of mindfulness practice. In this workshop, I will explain how I implemented an extended experience of mindfulness in a corporate setting and particularly, the positive impact it has had in a call center. To help you get started creating your own group mindfulness journeys, I will provide you with a format for providing a group with a 6 – 12-week journey of mindfulness practice. Each of the sessions in the journey begins with an educational piece, followed by a 3-min brief mindfulness session, a guided visualization, and a journaling exercise.

Included in the session will be some suggestions as to how you can provide your participants with objective data that will increase their commitment to the mindfulness practice.

INTERVENTION FOR A HEALTHY SLEEP

J. Eljay / D. Papadakis

Success of the extensively verified HypnoSleep™ protocol will guide your clients into a relaxed and restful sleep. 8-hrs of eyes closed tight, does not translate into a cleansing sleep. It is well documented that most people either short-change sleep or engage in fretful sleep. The result is that they wake greatly frustrated and more uncomfortable than before bed. What are the symptoms that interfere with restful sleep? Not surprisingly worry, stress, anxiety, depression, panic attacks and the prevalence of uncertain death only heighten the inability to get a good night's sleep. The recently added burdens of economic uncertainty, of anxiety fostered by confusion, of indeterminate diseases, and worldwide chaos continue to frustrate nightly sleep. The incidence of poor sleep recently may be higher than 40%.

There are short- and long-term consequences of poor sleep; especially if the accumulating sleep burden is never satisfied. Short-term effects include but are not limited to today's time inattention and sleepiness, diminished alertness, decreasing cognitive function, poor memory retention, and emotional and relationship distress. More significantly, a long list of long-term debilitating conditions is caused by and results from poor sleep including high blood pressure, diabetes, heart attack, heart failure, or stroke. These are increased by other emotional and mental health issues that include anxiety, obesity, stress, depression, reduced immune function, and a diminished sex drive.

In the current climate where insufficient restful sleep is approaching universality, there is a great demand for interventions that will restore restful and relaxing sleep. Here, we emphasize that restful sleep can easily be restored through a simple and straightforward strategy. This step-by-step process uses micro-age regression™ at its core. A positive outlook and emotional balance can be restored following sleep intervention. These enormous benefits are both found in the present and definitely usher in for a healthier future. Once the sleep burden has been met, the future provides for better choices and positive solutions. We show how minimizing negativity and anger aids a better sleeping environment. This non-invasive and extensively verified strategy replaces an unhealthy lifestyle with a positive one.

An extensively verified HypnoSleep™ protocol will be presented in an easy-to-follow format with a complementary handout.

STAGE SECRETS, DEMOS & MORE

S.M. Andrews

Impress your clients with your broad knowledge of all aspects of hypnosis and be able to answer their questions about stage hypnosis.

Love it or hate it, as a hypnotherapist you will get questions from your clients about stage hypnosis. Many of your clients first discover hypnosis through a stage show or a program on TV. Find out how stage hypnosis really works and learn some techniques that can help you perform killer demos when you speak to groups to bring clients into your practice!

WORKSHOP 1:00 –2:45

HYPNOSIS: STANDARD OF CARE RELIEF FOR PHYSICAL PAIN

F. Mau

Did you know that hypnosis is considered a standard-of-care treatment for physical pain? It is not a complimentary or alternative process. Pain relief can be safely and ethically provided by hypnotists. The processes are fast, easy, effective, and can be life-changing. Since pain makes everything worse, if you are working with clients for any other issue and pain is present, alleviating that will help. In this workshop, Fredric will describe the scientific basis for hypnotic pain relief and will demonstrate processes that you can begin to use immediately with your clients. Pain relief is one of the most effective things you can do with hypnosis.

Join us for this practical workshop! At the end of this training, you will be able to provide your clients physical pain relief in a safe, ethical, and effective manner, and understand how these processes work neurologically.

HYPNOKIDS: ADHD DIAGNOSIS

B. Scholl

Learn how to powerfully help youngsters with an ADHD Diagnosis concretely.

Nowadays, kids are already being screened for ADHD in kindergarten! Especially lively (healthy!) boys get constrained by this diagnosis. Families start suffering at this instant and often these kids never get the chance to develop their full potential. Let's change this.

Learn from Barbara Scholl how YOU can help youngsters concretely burst their limiting mental chains to the "trendy" diagnosis of ADHD—put upon them at an early age and without their consent. Barbara Scholl from Zurich, Switzerland, was an English teacher at the high school level for 14 years until she dived deeply into the field of child & teen hypnosis. If you care to matter in this world, do rewarding work (personally and financially), then come and listen to her. Her passion for child & teen hypnotherapy is known to magically touch her audience to enter the field of hypnotherapy for youngsters. Be ready to experience it. YOU are needed to free these kids. Join me on my path, I will pass on the know-how to you openly.

IDENTIFICATION THERAPY

D.&J. Chong

To identify is to assert that two variables share the same substance and the same metrics. Twins share the same DNA and therefore they can be identified with each as IDENTICAL. However, as they grow and evolve, they will express quite separate personalities in the same context and they will unfold different characters.

In the instance of inanimate objects, in an assembly line production, all BMW cars are replicants of each other. This is true of all Boeing airplanes that come from the same factory. In Identification Therapy, we acknowledge the uniqueness and therefore the singularity of a given identity. This is how the owner of his passport knows his passport is unique and singular.

What we do in Identification Therapy is to dissociate the person from his body; and then from the dissociated position he can then take a look at his body. On closer examination, he will then be able to see the imprint of his identification on his body. The imprint of his identification will, on closer examination reveal the imprints of the good and fine things he has done in his life. Then there are the markers on the identification of his flaws and life mistakes. From this survey of his identification, he can confirm which of all these flaws, mistakes and errs is the main problem that he now wishes to deal with. This will be dealt with from a META position. So all we need to do is to apply the principles of Meta Therapy to extract the person out of their problem state.

This is an interactive workshop in which each participant will be taught how to detect the use of identifications in the person who is speaking, decide if it is logical, valid-to-life, or if not challenge it so that the problem can be addressed.

WORKSHOP 3:00 –4:45

FREE to all conference-registered participants

DON'T HOLD YOUR BREATH

M. Babineaux

Learn to use breathing for your health benefit and as means of induction into a trance. This is a hands-on interactive introduction to PRANAYAMA, an ancient breathing technique recognized for its benefits by the 1998 Nobel Prize.

Trance induction may be much easier and simpler than you may think. This type of breathing induction is ideal for self-hypnosis

STRESS BE GONE!

Playing Your Vagus Nerve Like a Violin

S. Stockwell-Nicholas

Obtain quick stress relief with long-term results.

Exploring the biology of relaxation helps you, and those you help, to be happy, healthy, and wise.

This workshop includes: the art and science of neuroplasticity hands-on experiences that relieve stress NOW Stockwell's three-brain approach.

BREAKING THE TRANCE OF GRIEF

J. Hanson

Breaking the Trance of Grief. Grief is a special trance with a shock induction that everyone enters, but few fully emerge from. For some, the trance lasts a lifetime and becomes a new reality.

Grief encompasses more than death. Any sudden change can trigger a grief response. Learn the signs and help clients live life again instead of just going through the motions of existence.

Learn how to help your clients terminate the trance of grief and live again. You will hear real examples from someone who has lived through the worst grief has to offer. You are already working with Grief related issues, it's time to learn how to more confidently and compassionately work with them.

USING HYPNOTHERAPY FOR SPIRIT RELEASEMENT

M. Svatek

After having an influx of clients who have suffered chronic pain and illness, I began seeing signs that some of these are gifted empaths but have been told they are 'crazy' so they tried to stifle these gifts and shut out the noise. While some empaths have the gift of seeing and speaking into other people's lives, others have the gift of hearing, seeing, and assisting earthbound spirits (EBS). But what happens when you don't know you have that gift? Spirits often know it and will attach to the person trying to communicate or live vicariously through them with unfinished business. An EBS can even influence the behavior of the host, causing the person to do things they typically would not, such as smoking, excessive drinking, etc. Although this is not a highly usual situation (spirit attachment), it can and does happen and most therapists have already run into it whether or not they realized it. What do you do when you sense a client has a spirit attachment? And what ARE the signs of spirit attachment? How can you use hypnotherapy to deal with spirit attachments?

Learn to identify spirit symptoms vs. medical symptoms. Hint, spirits can often cause medical issues over time. Therapists will learn how to identify this and how to deal with it with their clients.

2-MINUTE SLEEP TALK PROCESS FOR CHILDREN

N. Gerey

The Goulding Method™ is a well-established method that's been around for over 40 years. It's been learned by thousands of therapists and consultants all over the world, who taught tens of thousands of parents Joane Goulding's simple method, to give their children emotional balance and healthy self-confidence. Now I give you an opportunity to learn it as a parent and use it on your own children. Also, you will learn the concept and science behind the Method, so you will be able to decide if you would like to learn it as a parent consulting modality.

In these hard times, our children experience constant, pressing distress, coming from both, their own life and from their parents. So, I consider our most important contribution to a better future to be, to help our children achieve emotional and mental balance.

In this mini-training, you will get the knowledge to apply the process to your own children, and only to them.

However, if you would like to become a Goulding Method Consultant and work with parents, you need to be separately trained and licensed for it. You will learn how to apply the Goulding Method to your own children to develop emotional and mental balance and healthy self-confidence for life.

THE SIX BASIC INDUCTION TYPES

C.R. Hunter

Charles Tebbetts, a 20th Century legend in our profession, taught that there are six basic types of inductions. By combining two or more induction types, the number of different inductions is almost limitless. Roy will overview them and demonstrate. This workshop will be experiential.