



IACT – IMDHA

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Mentor Program

Share your expertise, grow, and make a difference!

Design :

Mentoring is a two-way street. Let us take care of the boring parts so you can concentrate on personal and professional growth for both you and your mentees. Our mentoring program is designed exclusively for **Certified Practitioners** who wish to expand their knowledge base in a supportive atmosphere. By becoming a mentor, you will provide the opportunity for individuals to learn and apply hypnotherapy techniques, related modalities and business practices through the creation of a program specific to the individuals' interests and goals.

Specifics :

Meetings are to be scheduled at the discretion of the Mentor and will take place via in-person meetings (where applicable) or by phone, e-mail and Skype/Zoom. Enrollment duration is six consecutive calendar months beginning on the date of assignment.

Topics of Interest :

Each program **will vary** to meet specific mentoring needs and may involve addressing these common concerns: setting up a practice, pre-talk, post talk, recordings, various inductions for different types of clients, special concerns, actual cases, what's new in the field, how to integrate what you have learned, skill building, group hypnosis tips and techniques, confidence enhancement, therapy strategies, marketing and advertising, preparation for public appearances and presentations, etc.

Tuition :

The total program cost is \$675.00. The mentee will pay a \$75.00 registration fee to the Association at the time of registration. The remaining \$600.00 will be paid to the Mentor by whatever preferred payment method and repayment schedule is arranged. **NOTE: The Association does NOT process or handle mentor payments.**

Continuing Education Hours :

You will earn hour-for-hour CEU's upon **successful completion** of the 6-month program.

Questions :

Please direct any additional questions or concerns to the Corporate Office.

General requirements for becoming a mentor :

- At least 5 years of demonstrable, hands-on experience.
- Friendly with great interpersonal skills, the ability to listen actively, empathize, and a genuine desire to help peers.
- Ability to carry a conversation effectively over a digital audio or video conferencing tool.
- Working experience in the categories of mentorship that you wish to provide.

I wish to participate in this program as a mentor. I hereby swear and attest that all information provided on this application is true and complete to the fullest extent of my knowledge. If I am accepted, the Association may end the relationship immediately if I have made any false statements or material misrepresentations, written or verbal. I hereby release and agree to hold harmless from liability the Association, the officers, employees and volunteers thereof, and/or any other person or organization that may provide such information.

Signature : _____ **Date :** _____

Information : Please check all that apply **IACT Certified Member** **IMDHA Certified Member**

Last Name (Fam/Sur) : _____ **First Name (Given) :** _____

City : _____ **State/Province :** _____ **Country :** _____

Primary Phone : _____ **Email :** _____

My Specific Mentor Specialties include : **Please complete "SPECIALTIES CHECKLIST."** *Add additional information below.*

NOTE: The Association does NOT process or handle mentor payments.
 \$600.00 must be paid **directly** to the mentor for his/her time and talent invested in the program.
 Preferred Payment Method and arrangements must be made with the assigned Mentor.
 Payment Schedule may be an option and is solely at the discretion of Mentor.

OFFICE USE ONLY:

Interview Date: ____/____/____

Acceptance Date: ____/____/____

Comments :

SPECIALTIES CHECKLIST

ACADEMICS

- Academic Enhancement
- Academic Performance
- Learning Enhancement
- Learning Skills
- Study Habits & Skills

ACHIEVEMENT

- Increased Performance
- Maximizing Potential
- Mindset for Success
- Motivation
- Peak Performance
- Personal Development
- Personal Excellence
- Personal Growth
- Time Management

AGING

- Dealing with Physical Challenges
- Dealing with Physical Changes
- Limited Mobility
- Loneliness
- Symptoms of Menopause

ADDICTIONS

- Self-control over Alcohol
- Self-control over Drugs

ANGER

- Anger Issues
- Anger Management

ANXIETY

- Apprehension
- Excessive Uneasiness
- Fears
- Worry

ART

- Artistic Attunement
- Artistic Enhancement
- Performing Arts

ATHLETICS

- Athletic Performance
- Golf Improvement
- Sports Enhancement
- Sports Performance

BEHAVIOR MODIFICATION

- Behavior Issues
- Behavioral Change
- Excessive Behavior
- Habit Shifting
- Nail Biting
- Personal Growth
- Procrastination
- Unwanted Habits

BUSINESS

- Business Enrichment
- Career Change
- Career Planning
- Job Burnout

CHILDREN

- Working with Children
- Working with Teens
- Working with Young Adults

CLINICAL

- Research & other uses of hypnosis by licensed health care providers, medical providers, social workers, etc.

COACHING

- Business Coaching
- Hope Coaching
- Life Coaching
- Life Plans
- Life Purpose
- Life Skills
- Life Transitions
- Work/Life Balance

CONFIDENCE

- Assertiveness
- Ego Strengthening
- Public Speaking
- Salesmanship
- Self Acceptance
- Self Actualization
- Self Confidence
- Self Control
- Self Empowerment
- Self Esteem

CRISIS COPING

- Abuse
- Dealing with Natural Disasters
- Family Tragedy
- Military Service Transition

DENTAL

- Dental/Surgical Support
- Dry Mouth
- Excessive Salivation
- Hypno-Anesthesia
- Hypnodontics
- Teeth Grinding

EMOTIONAL ISSUES

- Aging
- Forgiveness
- Grief
- Guilt
- Hypnotic Assisted Birthing
- Inner Conflict Resolution
- Sadness
- Self Sabotage
- Situational Stress
- Sleep
- Smoking
- Weight

FINANCIAL ISSUES

- Abundance
- Debt Elimination
- Financial Blockages
- Prosperity
- Self Sabotage

FORENSIC HYPNOSIS

- Enhance of Clarity of a Memory
- Hypnotically Refreshed Recall

GENERAL HYPNOSIS

- Creating Positive Change
- Group Hypnosis
- Group Meditation
- Guided Imagery
- Limiting Beliefs
- Self Hypnosis
- Visualization

GOAL ACHIEVEMENT

- Decision Making
- Goal Setting

GRIEF

- Bereavement
- End of Life Care
- Grief/Loss
- Heartache
- Hospice
- Loss of Innocence
- Loss of Love

HEALTH & HEALING

- Accelerated Healing
- Allergy Alleviation
- Better Health
- Cancer Support
- Catastrophic Illness Support
- Chronic Illness
- Chronic Pain Alleviation (Relief)
- Debilitating Conditions
- General Health
- Healing
- Healing from Sexual Assault
- Health maintenance
- Hope Coaching
- Humor in Healing
- Hypnoanesthesia
- Imagery for side effects of Cancer
- Treatment Improved Health
- Mind/Body Wellness
- Non-pharmacologic Surgical Analgesia
- Optimal Health
- Palliative Care
- Post-Operative Healing
- Pre-Surgery Preparation
- Ringing in Ears
- Surgery Prep/Recovery
- Wellness
- Whole Health
- Women's Wellness

MEDICAL/HEALTH SUPPORT

- Anxiousness
- Chronic Pain
- Discomfort
- Situational Stress

STRESS

- General Relaxation
- Relaxation
- Situational Stress
- Stress Relief

MEMORY & CONCENTRATION

- Concentration
- Focus Training
- Focused Attention
- Improved Focus
- Memory
- Mental Training
- Mind Fitness

PHYSICAL CHALLENGES

- Limited Mobility
- Working w/Handicap Persons

PREGNANCY ISSUES

- Child Birth
- Enhanced Fertility
- Hypnosis Assisted Birthing
- Peaceful Pregnancy
- Pre-Post Natal
- Prenatal Wellbeing

RELATIONSHIPS

- Compatibility
- Intimacy/Sexual Health
- Loss of Love
- Peaceful Sleep Programming
- Sexual Enhancement
- Sexual Health

SLEEP

- Sleep Well
- Sleeplessness

SMOKING

- Smoking/Tobacco Cessation

SPECIALIZED MODALITIES

- Business Coaching
- Coaching
- Conversational Hypnosis
- EFT
- Forensic
- Hope Coaching
- Life Coaching
- Life Plan
- Life Purpose
- Life Skills
- Life Transitions
- NLP
- Parts
- Quantum Focusing
- Regression
- Reiki
- Work/Life Balance

SPIRITUAL HYPNOSIS

- Spirituality

STAGE HYPNOSIS

- Hypnotic Entertainment
- Stage Presentation

WEIGHT

- Weight Management + Release
- Virtual Gastric Band
- Appetite Suppression
- Body Image
- Body Reshaping
- Exercise