

# Full-day courses

ALL FULL-DAY COURSES RUN 10 AM – 5 PM

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**\* 5-Day Course**  
**CERTIFIED MASTER TRAINER**  
**M. Watson**  
**Tues-Wed-Thu-Mon-Tues**  
**May 16<sup>th</sup>, 17<sup>th</sup>, 18<sup>th</sup> and 22<sup>nd</sup>, 23<sup>rd</sup>**

Discover the Art of Presentation in this immersive program that is designed to give you all the tools you need to conduct your own hypnosis certification courses. Gain confidence as you develop your own training style. Learn how to “think on your feet” and respond easily to any situations that arise.

Learn to demonstrate and explain hypnosis effectively and to create useful learning experiences and exercises for YOUR students as they become skillful hypnotists and prepare to embark on a new career. Use the latest audio/video technology and even learn to offer training online.

Enjoy the support of a complete curriculum in basic and advanced methods as well as trainer’s manuals that show you how to present every bit of it. Access exclusive PowerPoint Presentations, Video, and Audio files. Offer previews and promote your courses.

*There is simply no other program like this!*

First, you’ll get a real “hands-on” trainer’s training where you will learn and integrate the proven methods, modeled by great presenters, that will make your courses powerful and effective as you prepare the next generation of hypnotists to carry on this life-changing work.

You’ll also get a comprehensive curriculum, newly revised and expanded to reflect the latest developments in the field. There are 5 Training Manuals for your use so you can start right away. (Basic/Advanced Student Manuals, Basic/Advanced Trainer Manuals, Presentation Skills Manual). We will keep this material updated for all our CMTs and send you any revisions that we make in the future.

## ***Powerful Ongoing Support***

As a CMT, you’ll have access to a community of trainers and resources to help you. There are PowerPoint presentations you can access and use along with an exclusive library of video and audio files, and demonstrations of new techniques and processes to keep you up to speed. We even include regular online meetings to show you what’s new, network, share tips, and support one another.

Tuition includes the course, certification fee, and all materials. **PLUS—take 50% off the conference fee!!**

If you’re ready to take the next step in your hypnosis career, this is the course for you.

*\*Successful graduates of this program become IACT Certified Master Trainers.*

**\* YOUR CHOICE**  
**2- OR 4-Day Course**  
**PARTS THERAPY**  
**C. Roy Hunter**  
**Wednesday–Thursday**  
**May 17<sup>th</sup>-18<sup>th</sup>**

How can you effectively help the client who struggles with an inner conflict? Someone strongly desiring to attain a goal, but who also experiences self-sabotage, may be a prime candidate for PARTS THERAPY. Often using different names, others emulate this profoundly beneficial technique taught and practiced by the late Charles Tebbetts. Competently facilitated, parts therapy often helps people get past their barriers when other techniques are insufficient; however, there are pitfalls that must be avoided in order to maximize results for your clients. This workshop is experiential and is a MUST for anyone not totally familiar with parts therapy or one of its variations. Roy Hunter, your facilitator, is the published author of two hypnosis texts, as well as Hypnosis for Inner Conflict Resolutions: Introducing Parts Therapy (Crown House Publishing 2005). All who attend will receive a participant workbook. When clients have an inner conflict, parts therapy often helps to resolve the conflict even when other hypnotic techniques fail.

## **Participants will learn:**

–What parts therapy is –when to use parts therapy –Why parts therapy is best for some clients–How to use parts therapy (complete step-by-step process) –How to explain parts therapy to your clients, and why such explanation is needed –Why it is so important to be an objective mediator –How to avoid inappropriate leading, and the potential consequences of not doing so –Why Roy Hunter added an important update on the Tebbetts Methods –How to avoid pitfalls that could put clients farther away from success – Participants will have break-away practice sessions.

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**TRAIN THE PARTS THERAPY TRAINER**  
**C. Roy Hunter**  
**Monday–Tuesday**  
**May 22<sup>nd</sup>-23<sup>rd</sup>**

After successful completion of this 4-day Training, participants will have all the tools necessary to teach client-centered parts therapy to hypnosis students and professionals—using an optional PowerPoint Certified presentation, designed for the exclusive use of Certified Parts Therapy Trainers. While the first two days (May 17–18) are devoted to learning parts therapy, during the last two days (May 22–23), Roy Hunter will teach you how to train others to properly employ parts therapy. Prerequisite for Parts Therapy Trainer: Must have at least two years of full-time experience with professional hypnotherapy (or three

years of part-time professional experience). And EITHER (1) take the 2-day training on May 17-18, or (2) must have previous training in client-centered parts therapy. PLUS professional experience using parts therapy with clients. Exceptions must be cleared by Roy Hunter before the start of class.

Participants will learn... How to introduce parts therapy to hypnosis students and professionals –How to teach parts therapy (step-by-step) –Why it is important to facilitate role play during the learning process –What role play exercises to use with your participants. –How to use Roy Hunter's PowerPoint presentation as a guide to help you teach. –INCLUDED is a copyrighted CD available for the EXCLUSIVE use of Certified Parts Therapy Trainers, which contains the following. –A professional PowerPoint presentation as a guide for both you and your students –An MS Word document with Roy Hunter's copyrighted Parts Therapy Workbook, which you can reproduce for your students. –A special 'Read this first' file which contains additional information for the Certified Parts Therapy Trainer –Optional exam (and exam key) for your students –Additional MP3 sound files to accompany the PowerPoint presentation –Upon completion of the course, you will receive a certificate recognizing you as a Certified Parts Therapy Trainer. At a later date, you will have access to a special parts therapy website, and you will be listed on BOTH the Association website AND Roy Hunter's website as a Certified Parts Therapy Trainer. Prerequisite: 2-Day Parts Therapy training.

*The Behavior Therapy Center, P.C. & Bruce Eimer, Ph.D., ABPP, are approved by the American Psychological Association to sponsor continuing education for psychologists. The Behavior Therapy Center, P.C. & Bruce Eimer, Ph.D., ABPP, maintain responsibility for this program and its content. Roy Hunter is an approved presenter.*

### **FREE to all conference-registered participants**

#### **\* 2-Day Course HYPNOTHERAPY M. Geers Dahl Wednesday–Thursday May 17<sup>th</sup> -18<sup>th</sup>**

Hypnotherapy is a method of uncovering that takes over when direct suggestion Hypnosis has not achieved the desired goals. We will spend two days exploring and uncovering strategies for less directive interactions that elicit personal empowerment, growth, and development. We will practice journaling (goal setting and root sentences), listening for 'the hook' found in 10 main reasons or purposes for a problem to take hold and persist, the stick figure, inner journey body mindfulness for shifting states, and somatic bridge regressions, linguistic regressions, pinpoint method (Hickman method), at least 8 perspectives/approaches for creating change, use of an emotional diagram, practice of forgiveness (including venting), how to deal with stuckness, and remembering to forget.

Excerpts from the Hypnotherapy, Vol. 2 will be used for this interactive two days of personal growth and development. Come with a specific goal or a shopping list of goals that you have been interested in achieving.

We will practice personal growth and development using less directive uncovering strategies. This is an interactive, two-day program.

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#### **\* 2-Day Course METAPHOR MAGIC K. Hand & S Gilbert Wednesday–Thursday May 17<sup>th</sup> -18<sup>th</sup>**

Do you remember the story about the boy who cried wolf?

How old were you when you heard that story designed to teach a lesson? Isn't it interesting that you still remember that story and its meaning all these years later? That's a powerful post-hypnotic suggestion, is it not?

That's the magic of metaphor and story-telling.

You can craft a perfectly positive and well-worded suggestion, but it's the mind magic of the metaphor that is likely to spawn lasting change, just like that little boy who cried wolf.

Discover how to elicit meaningful metaphors from your clients, children, partners, employees, etc. In the simplest form, you'll have a better understanding of the pictures being made in the head of the storyteller, and in the best-case scenario; you'll have a perfect path toward change for good.

In this course, you will learn very powerful techniques to use in groups or in private sessions to reveal the power of the metaphorical mind. You will discover how to use symbols for powerful change work. You will experience how to create metaphoric magic and how to ask the right questions to gather important information from your client to build rapport and speak the language of THEIR mind.

In this course you will discover:

- How to use your client's metaphors to create a session.
- Handy metaphors to have at the ready for a variety of applications.
- How to turn metaphors into stories
- How to use metaphors in private sessions and with groups
- Metaphors for working with children
- Script-writing on the fly using provided metaphoric material.

Attendees will walk away confident and excited to immediately use metaphors in their sessions, workshops, and scripts. This course includes several hands-on activities to give attendees a fun, memorable, and effective experience that can easily be adapted for their practice.

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#### **\* 2-Day Course INTRODUCTION TO WAKING / COVERT NLP W. Horton Wednesday–Thursday May 17<sup>th</sup> -18<sup>th</sup>**

All New for 2023! This is invaluable training for every hypnotist, social worker, alcohol and drug counselor, psychologist, or anyone in the mental health field. For an investment of four days and a small fee, you will gain

insights and abilities you never thought possible. Learn in four days what other classes teach in 6 months! Experience a personal transformation that will leave you inspired, informed, and motivated. Master the basic techniques that have made NLP the most sought-after training. Don't miss this intensive hands-on learning experience.

Essentials of NLP in a short format! Learn the Basics of NLP and how to apply it!

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**\* 1-Day Course  
MEDICAL HYPNOTHERAPY  
P. Scott  
Thursday  
May 18<sup>th</sup>**

Learn advanced medical hypnotherapy techniques, theories, scripts, and approaches for a variety of health issues such as chronic pain, IBS, fibromyalgia, anxiety, allergies, cancer, diabetes, depression, pre/post-surgery, etc. We'll also discuss and/or expand on the physiology of healing, psychoneuroimmunology, Hypno-anesthesia, cellular regeneration, working with medical referrals, legal issues, and more.

This training will give you the confidence and ability to expand your practice by learning to partner with medical professionals, making you the go-to expert for referrals in your area.

Attendees will receive a workbook, PowerPoint presentations, hypnosis scripts, additional materials, and a Certificate of Completion for this 1-Day training in Medical Hypnotherapy. Those wanting to go forward to receive the optional IMDHA Specialty Certification as a Medical Hypnotherapist may complete additional requirements post-conference for an additional fee (includes online interactive ZOOM training & outside assignments).

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**\* 1-Day Course  
FUTURE SHAPING  
P. Blum  
Monday  
May 22<sup>nd</sup>**

This is a comprehensive step-by-step protocol that can be taught to clients in three to six sessions. First developed by Richard A. Zarro, it focuses on empowering clients through teaching them self-hypnosis and visualization and is a brilliant mash-up of NLP, Quantum Physics, and Holographic Brain Theory.

Those who complete this course will have a protocol suitable for all clients, regardless of their presenting problem(s).

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**\* 1-Day Course  
TRANSFORMATION & FLOW  
E. Jorre  
Monday  
May 22<sup>nd</sup>**

Take a one-day trip into the world of extraordinary hypnotic and magical states of consciousness and transcendental experience while learning to "flow" with your clients in

session. We will be exploring, experimenting, and creating with the key components of flow. Getting in sync with your client and allowing the session to develop naturally is the cornerstone to generative, transformational change.

Never worry in advance about what technique or script you're going to use, but utilize the wisdom within the therapeutic relationship, letting the session unfold spontaneously through deep listening, observation, and feeling—creating the space for deep transformation. We'll look at this concept through the lens of neuroscience, biochemistry, trust and safety, mysticism, and creativity as if we were painting, composing, dancing, and building a unique piece of transformational "Art".

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**\* 1-Day Course  
MINDFULNESS  
S. Stockwell-Nicholas  
Monday  
May 22<sup>nd</sup>**

MINDFULNESS Specialty Certification: YOUR clear concise way to help others to reveal, release and restore well-being; physically, mentally, spiritually, and emotionally. Includes practical tools you can use immediately. This course is taught by a seasoned educator with decades of experience who truly loves sharing with others. By attending this training, you will gain additional confidence (and certification) to help more people.

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**\* 1-Day Course  
PAST LIFE REGRESSION  
J. LeClaire  
Monday  
May 22<sup>nd</sup>**

Attendees will learn Past Life Regression technique that uses hypnosis to recover memories of a past life (incarnation) and is typically used as a spiritual experience. History of PLR will also be covered and attendees will receive a certificate of completion.

Past Life Regression can help you to uncover untapped gifts, and talents and can release old negative energy and habits that no longer serve you and unleash new positive energy and enlightenment.

The person may view personal relationships in a new light, energize talents, reduce fears and traumas linked to a past life, and understand their life purpose. Past life regressions can also offer opportunities to explore agreements and relationships of past lives, and even offer an explanation of habitual behaviors.

During a past life regression, you are in a deep state of relaxation. The guidance you receive will be much like a guided meditation, and will usually begin with progressive relaxation. You will be walked through a series of experiences that may be memories of past lifetimes. The 'memories' themselves should be produced by your subconscious mind, and appear to you as if they were being revealed. Questions are asked and connections are made to and from the past.