

Full-Day Courses

ALL FULL-DAY COURSES RUN 10 AM – 5 PM

** YOUR CHOICE 2- OR 4-Day Course*

PARTS THERAPY

J. Hanson

Wednesday - Thursday

May 14th -15th

Day 1 & 2: Certified Parts Therapy Facilitator Training

Dive into the foundations of Parts Therapy, an effective approach for resolving inner conflicts and self-sabotaging behaviors. During these two days, you'll learn how to identify when Parts Therapy is the ideal method, communicate its benefits to clients, and confidently facilitate sessions using a step-by-step process. Gain insights from Roy Hunter's updates to the Tebbetts Method, avoid common pitfalls, and practice hands-on techniques in breakaway sessions. Upon completion, you'll earn your Certified Parts Therapy Facilitator certificate and gain valuable resources to enhance your hypnotherapy practice.

Participants will learn:

-What parts therapy is –when to use parts therapy –Why parts therapy is best for some clients - How to use parts therapy (complete step-by-step process) –How to explain parts therapy to your clients, and why such explanation is needed –Why it is so important to be an objective mediator –How to avoid inappropriate leading, and the potential consequences of not doing so –Why Roy Hunter added an important update on the Tebbetts Methods –How to avoid pitfalls that could put clients farther away from success –Participants will have break-away practice sessions.

TRAIN THE PARTS THERAPY TRAINER

J. Hanson

Monday - Tuesday

May 19th -20th

Day 3 & 4: Train the Parts Therapy Trainer Program

Elevate your expertise by becoming a Certified Parts Therapy Trainer. Over these two days, you'll learn how to teach Parts Therapy to other professionals using Roy Hunter's exclusive materials, including PowerPoint presentations and a reproducible workbook. Master the art of facilitating role-play exercises, guiding step-by-step instruction, and certifying your own students. This program is essential for experienced hypnotherapists, skilled in parts therapy training, who want to expand their practice by training others in this transformative technique.

Participants will learn:

–How to introduce parts therapy to hypnosis students and professionals –How to teach parts therapy (step-by-step) –Why it is important to facilitate role play during the learning process –What role play exercises to use with your participants. –How to use Roy Hunter's PowerPoint presentation as a guide to help you teach. –INCLUDED is a copyrighted CD available for the EXCLUSIVE use of Certified Parts Therapy Trainers, which contains the following. –A professional PowerPoint presentation as a guide for both you and your students –An MSWord document with Roy's copyrighted Parts Therapy Workbook, which you can reproduce for your students. –A special 'Read this first' file which contains additional information for the Certified Parts Therapy Trainer –Optional exam (and exam key) for your students –Additional MP3 sound files to accompany the PowerPoint presentation –Upon completion of the course, you will receive a certificate recognizing you as a Certified Parts Therapy Trainer. At a later date you will have access to a special parts therapy web site, as a Certified Parts Therapy Trainer. Prerequisite: 2-Day Parts Therapy training.

Full 4-Day Certified Parts Therapy Trainer Course

Transform your hypnotherapy career with this comprehensive 4-day training, designed to make you an expert in Client-Centered Parts Therapy. Led by Jessica L. Hanson, a Roy Hunter-certified instructor, this course offers a blend of foundational knowledge, hands-on practice, and advanced teaching skills. Whether you're a beginner looking to become a Certified Parts Therapy Facilitator (Days 1 & 2) or an experienced hypnotherapist/parts therapy practitioner, ready to train others as a Certified Parts Therapy Trainer (Days 3 & 4), this unique program equips you with the tools and certifications to excel in Parts Therapy.

* 2-Day Course
CERTIFIED STRESS MANAGEMENT CONSULTANT CERTIFICATION
M. Watson
Monday - Tuesday
May 19th - 20th

What the world needs now - In the 21st century, stress is epidemic. It damages our health, our work, and our relationships. It destroys families, businesses, and lives. It costs corporations more than 300 billion dollars every year in health costs, absenteeism and poor performance. And one in three adults suffers from the effects of unmanaged stress. The need for qualified professional assistance has never been greater.

That's where you come in - This training will prepare you to meet that need. More people are seeking therapy and medical treatment for stress related issues than ever before and companies and businesses are reaching out for help. This is an opportunity for you to develop some expertise in this crucial field and to open your practice to those who really need you. Make a real difference while you advance your career and distinguish yourself with this professional designation.

You will learn about stress - what it is, how to assess it, how to educate people about it, and what to do about it. We'll teach you how to intervene in a crisis and strategies to manage chronic stress. You'll learn to work with clients one-on-one, with groups, or even with corporations. We'll give you all the information and resources, over twenty techniques to use with clients and groups, and we'll even include complete outlines and instructions that you can use to offer 1-hour, 2-hour, or full-day seminars of your own.

Topics include:

- Stress and Stressors
- The High Cost of Stress
- The Perceived Stress Scale
- Conducting Stress Assessment Interview
- A Balanced Life
- Stress and Health
- Personal, Family and Workplace Stress
- Importance of Self Care
- Quantum Focusing
- Activity and Nutrition
- Instant Stress Busting Techniques
- Coping Mechanisms
- How to Become Resilient
- Disempowering the Inner Critic
- Meditation, Mindfulness and the Relaxation Response
- Neuroscience and Stress
- Stress and Anxiety
- When Push Comes to Shove
- Managing Crisis
- Self Hypnosis and Hypnotherapy
- Eye Movement Integration Technique
- Stress in the Workplace
- Personnel Dynamics
- Frustration and Burnout
- Groups in Stress
- Emotional Intelligence
- NLP Interventions
- The Power of Thought
- Stress and the Creation of Meaning
- Opening to Insight
- Consulting for Business
- Doing Programs for the Public
- One on One Consulting
- Online Operations

Benefits

- Programs that you can present in your own office or for businesses and groups.
- Over 20 techniques and processes to add to your repertoire.
- Enjoy the prestige and respect of your colleagues and clients with a professional CSMC credential
- Participate in an exciting online learning environment with other like-minded professionals from the comfort of your own home.

Prerequisites: Education/Experience in any of the following:

- Hypnosis/Hypnotherapy
- EFT Wellness Coaching
- Psychotherapy
- Spiritual Healing
- Neuro-linguistic Programming

Note: Substitutions are possible such as Corroborated Life Experience.

Non-Members: If you are **NOT** a member of the **IACT** or **IMDHA**, you will also be awarded a prestigious **Professional Membership** to the **IACT**, in addition to your Certification as a Stress Management Consultant.

**Participants must complete the program hypnosis training, which includes in-class supervised practice, and successfully pass the oral instructor assessment to qualify for Certified Stress Management Consultant.*

** 1-Day Course*
HEALING YOUR OWN TRAUMA & HELPING YOUR CLIENTS TO HEAL THEIRS
M.B. Svatek
Thursday
May 15th

Participants will get a broad spectrum of angles of how and why trauma affects a person and will be given practical tools to balance their emotional and physical bodies to enable them to manage and release their trauma quicker and permanently. They will be doing interactive games and activities that enable them to get to know themselves better and will be shown how to enable their mind-body-spirit to work synergistically to bring back balance, peace, and wellbeing.

Learning what they can do to position themselves physically and emotionally to kick off their healing and remain successful in the process of overcoming trauma.

This is a Mind-Body-Spirit approach. Because trauma affects us on so many levels (mind-body-spirit), we must take a multi-level approach. Clients will find that healing trauma can happen swiftly and efficiently.

** 1-Day Course*
RAPID ADDICTION SOLUTION MASTERCLASS!
W. Horton
Thursday
May 15th
- FREE -

This pre-conference full-day course is FREE to those who are registered for the conference.

Are you tired of watching your clients struggle with addictions and bad habits that *just won't budge*? Do you feel frustrated knowing that there's more you could do, but you're missing the secret sauce that actually gets lasting results?

Well, today is your lucky day—because you can register for Will Horton's course that is going to transform the way you work with clients... and give you the tools to help them break free from the chains of addiction and self-sabotage!

This isn't some fluffy, feel-good seminar that leaves you with more questions than answers. This is a game-changing course designed specifically for therapists and coaches who are ready to take their skills to the next level and get *real*, sustainable results for their clients.

What you'll discover in this power-packed day:

- Proven neuroscience-based strategies that unlock the brain's potential to break free from addiction and bad habits
- Step-by-step guidance on using cutting-edge techniques to rewire thought patterns and behaviors-fast!
- Real-world applications so you can start using these tools with clients immediately
- And most importantly... how to create lasting transformation – not just quick fixes!

Here's the thing – if you're serious about making a MASSIVE impact in your clients' lives and growing your business, you cannot afford to miss this. Will is one of the world's leading experts in neuro-success coaching, and he's ready to share his wisdom with YOU in this one-day, action-packed class.

Imagine walking out of that room, armed with the same strategies that will help your clients crush addictions, eliminate bad habits, and step into their greatness... instantly.

You're not just investing in this class—you're investing in *your success* and your *clients' future*. This is the real deal. No fluff, just results.

Sign up now and take the first step toward mastering the Rapid Addiction Solution and revolutionizing your practice! This is your moment. Don't let it slip away.

** 1-Day Course*
MEDICAL HYPNOTHERAPY
P. Scott & E. Rosen
Thursday
May 15th

Learn advanced medical hypnotherapy theory and approaches to expand your practice working with health issues such as chronic pain, IBS, fibromyalgia, anxiety, allergies, cancer, diabetes, depression, pre/post-surgery, etc. We'll also discuss and/or expand on the physiology of healing, psychoneuroimmunology, cellular regeneration, brain plasticity, working with medical referrals, legal issues, and more.

Attendees will gain confidence and practical tools to expand their practice by becoming an essential partner in the integrative health care team. You will receive a workbook, PowerPoint presentations, hypnosis scripts, additional materials, and a 'Certificate of Completion' for this 1-Day training in Medical Hypnotherapy. Those wanting to go forward to receive the optional IMDHA & UPHI Specialty Certification as a 'Medical Hypnotherapist' (50 CEUs) may complete additional requirements post-conference for an additional fee (includes on-line interactive ZOOM training & outside assignments).

** 1-Day Course*
ATTACHMENT HYPNOTHERAPY FOR IMPROVING INTIMATE RELATIONSHIPS
B. Eimer & E. Rosen
Monday
May 19th

This experiential and didactic one-day workshop will cover how to use hypnosis to understand a client's attachment style and use this knowledge to promote more secure attachments in intimate relationships. We will cover hypnotherapy techniques to facilitate more successful relationships in both individual and couple therapy. Energize your hypnotherapy practice by learning hypnosis skills that assist clients in building a more secure attachment style to enhance the quality of loving relationships. Participants will also learn techniques for healing attachment wounds to get unconscious permission to create the relationships they desire. Participants will practice the techniques taught from the perspective of both therapist and client.

Attendees will learn how to use hypnosis to help individuals and couples build more satisfying relationships.

** 1-Day Course*
IEMT SPECIALTY TRAINING
L. Donnelly
Monday
May 19th

In the intricate tapestry of human cognition, our eyes serve as more than just windows to the external world; they are gateways to our deepest psychological structures. The patterns of our gaze, often overlooked, can reveal profound truths about our internal landscapes.

Our memories and imaginations aren't just abstract constructs; they are deeply rooted in the physiological and psychological processes of our being. The way we store and access these memories, the manner in which we visualize our futures, are all intertwined with the dance of our eyes. It's a dance that tells a story, one that's often hidden beneath layers of consciousness.

Integral Eye Movement Therapy (IEMT) is not just another therapeutic modality. It's a journey into the very fabric of our psyche. By observing and influencing eye movements, we can tap into the neural pathways that store our most profound emotions and experiences. This isn't merely about alleviating symptoms; it's about confronting the dragons of our past, understanding them, and integrating their lessons into our present.

What attendees will gain from attending an IEMT (Integral Eye Movement Therapy) training is the ability to rapidly resolve emotional issues and trauma by addressing the underlying patterns of thought and behavior through eye movement techniques.